**Lenten Resources January 2020  
from Paris Ball, Office of Christian Formation, Diocese of Virginia**

**Prayer and Worship Practices and Formation:**

* Daily devotional printouts from Jay LaNunziata – St. Paul’s Episcopal, Greenville NC

<https://formedbyexperience.blog/2020/01/14/daily-devotions-for-all-seasons/?fbclid=IwAR2hRVt71o4NJgPJ7C3ZNH6uYq4xU146OxfwkKhp-m1wRNImDqOrHQYMUR4>

* How2charist – video instructed Eucharist

<https://how2charist.com/>

* Signs of Life from SSJE – 5 week offering for individuals or groups, exploring “the riches of our worship traditions, liturgy, and sacraments, and the art and architecture of our worship spaces. Videos (short and beautiful) and partner reader /calendar all available (FREE) <https://www.signsoflife.org/>

**Individual Reflections and Online Resources:**

* Lent Madnes

<https://www.lentmadness.org/>

* D365 – daily online devotionals. Short and created by many voices across the country

<https://d365.org/>

* Episcopal Relief and Development’s Lenten resources (FREE):
  + Books you can order in English or Spanish – created in collaboration with Grow Christians and Forward Movement. In February there will be podcasts included, and you can get the meditations in your email inbox. Daily meditations that focus on the spiritual lives of children and how they can inform the prayers and meditations of all Christians. <https://www.episcopalrelief.org/church-in-action/church-campaigns/lent/>

**Great Organizations to Purchase Curriculum**

* SALT Project: <https://www.saltproject.org/progressive-christian-blog/2018/1/8/spring-is-coming-lent-customizable-short-films-and-print-resources>
* CHRIST Walk – 40 day Lenten devotional which pairs physical training and spiritual practices<https://www.churchpublishing.org/christwalk?fbclid=IwAR1X7h7_lJJYuPbls9JX8a5rPfW5cPMK--QYXtBn79nnv0WERZJFmJ8zESg>

**Faith at Home Resources**

* Lent in a box: costs $ but affordable. Printable full curriculum for you to set up “boxes” (pizza boxes) for families to take home. Each week there are a reflection, a prayer prompt, and an activity response. 2020 is based on Year A scripture, but 2019 is available as well if you prefer.

<https://familyministrytools.org/>

**Way of Love – Life Transformed Lenten resources**

* All free, primarily for adults or older youth, customizable
* Available in Spanish as well
* Curriculum includes
  + Video series
  + Seven “weekly” formation outlines (could be done in various ways)
  + A quiet day outline, which condenses these lessons into a single-day journey
  + Ideas for small group breakouts
  + Faith at home – take home practices
* Additional resources for 50 days of Easter: “Eastertide Test Kitchen” where you will GO with Jesus from the tomb to bless the world

<https://episcopalchurch.org/life-transformed>

*Additional Way of Love Options*

* Also look for the “Living the Way of Love” 40 day devotional - $12.95 per copy, and there are Lenten calendars to walk you through it. Good for group use or individual use - <https://www.churchpublishing.org/livingthewayoflove>
* Way of Love At Home activity for children: you are building a Lenten chain in yourhouse, each day you can pick one of the aspects of the Way of Love, do a reflection or activity as listed on the link, and add it to the chain. <https://4b0259b9-4f9d-4cfc-9097-2fd9d07ce094.filesusr.com/ugd/cd18e5_691526f986c74eb49dce08f5f2fa0730.pdf>

**Children’s Ministry:**

Make Room – A Child’s Guide to Lent & Easter by Laura Alary:

“This is the season of Lent. The church is dressed in purple…”

A beautiful primer about the Lenten and Easter seasons that’s geared for elementary-age children, this book is split into sections that you could read with children from week to week (as a Christian Formation Leader) or together as a family. An excellent introduction to these holy days in the Christian calendar, this book also guides and instills spiritual practices appropriate for young children from visual reminders to internal reflection.